









LUNCH MENU

Light lunch from 12 - 3pm | *Dishes served 12 - 5pm daily

ANTIPASTI

*Antipasti to share	d-g-mu-n-s-sd-se	29
A selection of finest Italian cured meats, baked ricotta cheese, sundried tomato in olive oil, nocellara olives, 24 month aged parmesan cheese, cipollotti in balsamic vinegar, artichoke hearts in oil, tomato & oregano bruschetta	for 1 person	15
*Vegan antipasti to share 	ce-g-mu-s-sd-se	24
Classic & pepper hummus with crudités, sun-dried tomatoes in olive oil, nocellara olives, tomato & oregano bruschetta, garlic sourdough bread, giardiniera, cipollotti in balsamic vinegar & artichoke heart in oil	for 1 person	12

LIGHT LUNCH

Olives 	Italian green olives marinated with lemon & oregano		4.5
Selection of breads 	Homemade artisan breads, and Tarallini pugliesi with Bungay Suffolk butter & extra virgin olive oil	d-g-sd	7.5
Butternut squash soup 	Caramelised onion & pomegranate molasses	ce-g-sd	8
Roasted chicken wings	Marinated in bbq sauce. Served with seasoned fries	mu-sd	16.5
Prime steak burger	On brioche bun with nduja mayonnaise & crispy spicy salami. Served with seasoned fries	d-e-g-mu	24
Puttanesca 	Classic Italian pasta, olives, capers & cherry tomato	g-sd	16
		with chicken	20
Mussel linguine	Squid ink pasta, mussel, garlic, white wine, parsley & chilli	e-g-m-sd	18.5
Classic southern Italian pasta	Cannellini bean puree, crispy pancetta & rosemary garlic oil	ce-g-sd	18
Roasted teriyaki aubergine 	On Baba Ganoush, sautéed pak choi, almonds & pomegranate chill garlic dressing	g-s-sd-se	20
Niçoise salad	Mediterranean salad, boiled free-range egg & Dijon dressing	ce-e-f-mu-sd	
		With mackerel	18.5
		With chicken	24
*Burrata & Bologna	Mortadella ham, honey drizzle & mint leaves on flat bread	ce-d-g-n-sd	18
*Chickpea & Mozzarella di Bufala bruschetta 	Chickpea, sun dried tomato, mozzarella on toasted sourdough bread, fresh basil	d-g-se	18
*Roast pepper 	Carignola olive, capers, hummus on flat bread	g-sd-se	16.5
*Lifehouse prawn roll	King prawns dressed in lightly seasoned mayonnaise, gem lettuce in a brioche roll with seasoned fries	ce-e-g-s-sd	18.5

SIDES

Seasoned fries 	sd	5.8
Tomato & red onion salad 	sd	5.8
Mixed salad leaves with tomato 	mu-sd	5.8

All fish dishes may contain bones.