



lifehouse

spa & hotel



	Option 1 £30 30mins	Option 2 £50 45mins	Option 3 £75 60mins
Personal Medical History & Lifestyle Questionnaire			
Height & Weight			
Body Fat %			
Hydration %			
Blood Pressure			
Waist to Hip Ratio			
Blood Glucose Test (Diabetes)			
Total Cholesterol			
3 Point Cholesterol (requires a 3hr fast)			
5 Point Cholesterol (9 hour fast preferable)			
Full Personalised Analysis			
Nutritional Analysis			

Please enquire if you'd prefer one of the below tests on its own or add an additional to an existing package:

Test	Price(£)
Body Fat & Hydration Analysis (inc height and weight)	25
Blood Pressure Check	5
Total Cholesterol only + Glucose	12
3-point Cholesterol + Glucose	20
5-point Cholesterol + Glucose	30