

### **Preferential Treatment Rates**

When booked as additional on a Wellness Retreat

Castor Oil Abdominal Massage & Heat Pack (50 minutes)	£45 <i>(normally £50)</i>
Thalgo 3 Algae Detox Wrap (55 minutes)	£70 <i>(normally £75)</i>
Frigi-Thalgo Body Wrap (60 minutes)	£70 <i>(normally £75)</i>
Soul Soother (2 hours)	£112 <i>(normally £125)</i>
Indulgence Organic Rose Ritual (1 hour 25 minutes)	£76.50 <i>(normally £85)</i>
Personal Meditation (60 minutes)	£40 <i>(normally £50)</i>
Vinyasa Flow Yoga (60 minutes)	£55 <i>(normally £60)</i>
Reiki (50 minutes)	£49 <i>(normally £60)</i>
Food Intolerance Testing (1 hour 30 minutes)	£110 <i>(normally £135)</i>
De-stress & Healing Session (60 minutes)	£80 <i>(normally £85)</i>
Personal Training (60 minutes)	£40 <i>(normally £50)</i>

### **Wellness Special Offers!**

Purchase any Decléor or Clarins  
55 minute Facial & Massage together      £125  
*(saving £20)*

#### **Ultimate Holistic Experience with Michael**

Exclusively for wellness guests, this extensive experience with our in-house Healer and Reiki Master includes:

- Private Meditation (30 minutes)
- Healing & Balance (30 minutes)
- Chakra Balancing with Energy Discs (30 minutes)
- Reiki (30 minutes)
- Personalised Flower Remedy to take home

2 hours      £125  
*(saving £50)*

#### **Myotherapy Extended Session**

Book a 30 minute session and receive a full hour at no extra cost!      £50  
(60 minutes)      *(saving £35)*