



Recommended Treatments Preferential Rates

Must be booked prior to arrival in conjunction with a Wellness Retreat

Empowerment Healing

60 minutes £80 (Normally £85) Available Monday, Friday & Saturday

120 minutes £150 (Normally £160)

Facial Acupuncture & Gua Sha

55 minute £80 (Normally £85) Available Tuesday & Friday

Food Intolerance Consultation

90 minutes £135 (Normally £140) Available all week

Holistic Facial

60 minutes £75 (Normally £80) Available Saturday, Sunday, Monday & Tuesday

Natural Health Consultation

55 minutes £45 (Normally £50) Available all week

Personal Meditation

60 minutes £45 (Normally £50) Available all week

Personal Training

30 minutes £25 (Normally £30) Available all week

Reflexology

55 minutes £75 (Normally £80) Available all week

Reiki

55 minutes £75 (Normally £80) Available all week

Ultimate Holistic Experience

120 minutes £130 (Normally £135) Friday, Saturday, Sunday, Monday & Wednesday

Soul Soother

120 minutes £130 (Normally £135) Available Saturday, Sunday, Monday & Tuesday